













Fiberoptic Endoscopic

Evaluation of Swallowing

(FEES) Clinic







Dear Families,

Welcome to Cincinnati Children's Hospital Medical Center! This coloring book was created to help you prepare your child for his or her upcoming visit to the Fiberoptic Endoscopic Evaluation of Swallowing (FEES) Clinic at Cincinnati Children's.

The FEES clinic is where evaluation of airway protection and swallowing function is done. The clinic is affiliated with the Interdisciplinary Feeding Team. The clinic is staffed by an otolaryngologist, also known as the ENT (ear, nose, and throat specialist), and by a speech-language pathologist with special training in feeding and swallowing problems. Once the evaluation is completed in the FEES clinic, recommendations will be made by the ENT and speech-language pathologist about the need for further evaluation or treatment.

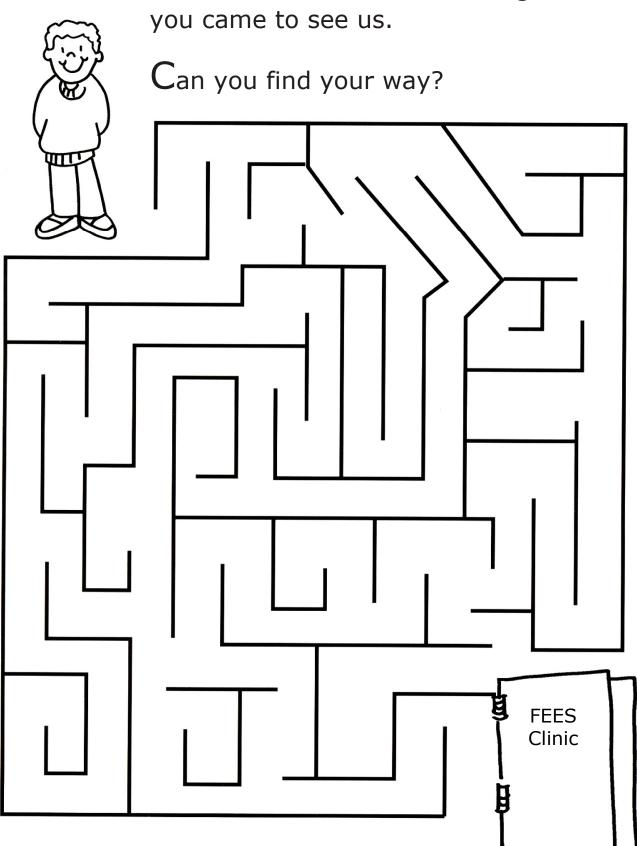
For more information regarding the FEES clinic at Cincinnati Children's, please visit <a href="www.cincinnatichildrens.org/fees or call 513-636-3296">www.cincinnatichildrens.org/fees or call 513-636-3296</a>. We look forward to working with your child.

Sincerely,

J. Paul Willging, MD Otolaryngologist

Claire Kane Miller, Ph.D. Speech-language pathologist

Welcome to our clinic. We're glad that you came to see us.

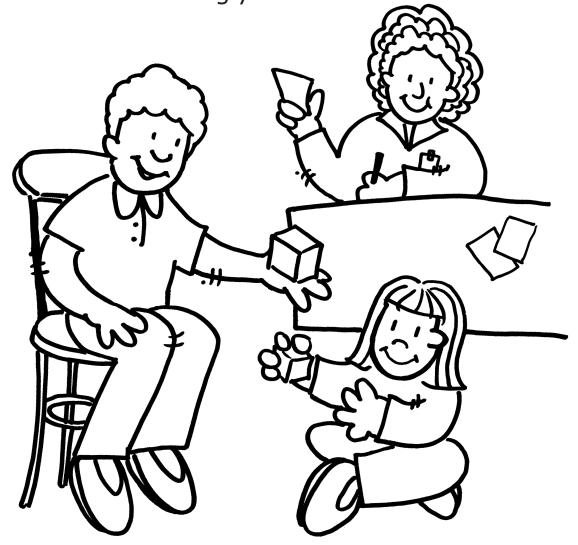


First, the nurse will bring you and your parents to a room.

You can play or read while the nurse asks your mom or dad, and maybe you some questions!

The nurse will tell you everything that will happen during your visit in the FEES clinic.

She will probably give you a little nose spray. She will put two little squirts in your nose, and it will feel a little tingly.



The speech-language pathologist will come into the room next.

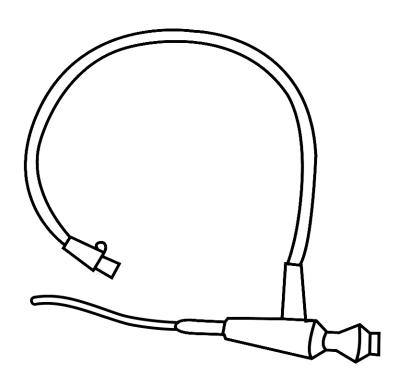
She will want to see how your mouth and tongue move.



After you are done having a little snack, the speech-language pathologist will take you and your parents to another room to meet the ear, nose and throat doctor (ENT).

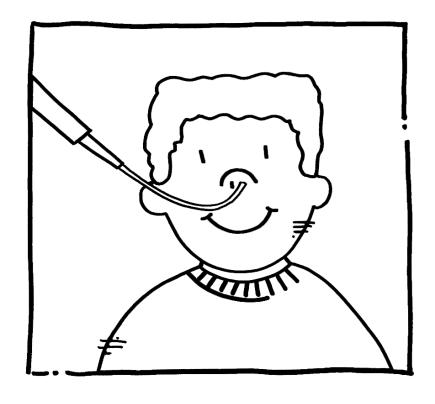


Next it will be time to see your nose on the TV. The doctor will put a long, skinny tube inside your nose. This is called a scope and here is what it looks like.



The scope only goes in a little bit. It doesn't hurt because your nose will be numb from the nose drops.

Sometimes it seems a little scary though... so be brave!



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Once the doctor and speechlanguage pathologist take a look around, the speech pathologist will ask you to eat or drink a few things.

 ${f I}$ t might feel a little funny to eat while the scope is in your nose, but you will be able to swallow just fine!

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You will have the tube in your nose for only a few minutes.

When you are done repeating sentences, the doctor will take the tube out of your nose.

After you are all done, you will go back to the first room you were in.

The nurse will have a special surprise for you.

The doctor and the speech-language pathologist will come in and talk to your mom and dad for a few minutes, and then it will be time to go home!

Thanks for coming to see us!

